

# WEEKLY SCHEDULE      FALL 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sunday Program 3x's per month see dates listed below  1-4 pm  Arts Access Music Yoga Special Workshops	Creative Writing 4:30 p.m.  Reading 5:30 p.m.  Arts Access 5:30 p.m.  Health & Beauty 7 p.m.	Yoga 9:30 a.m.  Meditation 10:30 a.m.  Music 5:30 p.m.  World Religions 5:30 p.m.  Pilates 6:30 p.m.	Arts Access 10 a.m.  Meditation 10 a.m.  Lunch-n-Learn 12 noon  A Time to Bloom 1 p.m.  Speaking Circle 4:30 p.m.  Speaking Circle 6 p.m.  Socrates Cafe (4th Wed. of the month) 6 p.m.	Arts Access 10 a.m.  Meditation 10 a.m.  Lunch-n-Learn 12 noon  A Time to Bloom 1 p.m.  Pilates 1 p.m.  Theater Arts 5 pm  Creative Arts 7 p.m.	Yoga 10 a.m.  Pilates 11 a.m.	Minyan Meyuchad 11 am-3 pm See dates listed below

### PLEASE NOTE:

*All classes and times of classes are  
subject to change. Special programs take  
place throughout the year. Dates will be pro-  
vided as these activities are added.*

### Sunday Program Dates

September 2005	11, 18, 25
October	2, 9, 23
November	6, 20, 27
December	4, 11, 18
January 2006	15, 22, 29
February	12, 19, 26
March	12, 19, 26
April	9, 16, 23
May	14, 21, 28

**The WAE Center**  
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 West Orange, NJ 07052

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### Minyan Meyuchad Dates

Sat., September 10, 2005
October 8
November 12
December 10
January 14, 2006
February 11
March 11
April 8
May 13
June 10